

DISTRICT 11



May Van Sickle

Children's Dental Clinic
founded in 1939

EXECUTIVE BOARD

2011-2012

President

Linda Hartwell
lindaakapb@aol.com

1st Vice President

Mireya Kilmon
tessie13@aol.com

2nd Vice President

Barbara Lapsley
barblaps@bellsouth.net

Treasurer

Nancy Desmangles
nancy_desmangles@yahoo.com

Recording Secretary

Mayra Dominguez
mayradominguez2001@gmail.com

Corres. Secretary

Charo Bolanos
charobolanos@aol.com

Dental Clinic Director

Dr. Iris Torres-Rivera
iristorres@bellsouth.net

1st Director

Pam Schaefer
hapygoddes@gmail.com

2nd Director

Claire Frances Whitehurst
ofeliabeltran@bellsouth.net

3rd Director

Dorothy Thomson
mayor85@aol.com

Newsletter Editor

Pam Schaefer
hapygoddes@gmail.com

Coral Gables Woman's Club

ORGANIZED 1923 - FEDERATED 1929

CORAL VINE

VOLUME 4 - ISSUE 7

OCTOBER 2011

President's Message



September has been a busy month for our members. Our general meeting was all about Conservation, **Maryann Etkin** our **Conservation Chairman** invited - **Shiraz Kashar**, Community Relations Director for Waste Management, to speak about recycling. The presentation was very enlightening and Mr. Kashar answered the many questions members had.

The Wine and Cheese Party hosted by our **2nd Vice President, Barbara Lapsley** welcomed new members. Food was provided by the members and as always was delicious, we played a game that helped us to get to know some of the members and of course we got to know our new members it was a lovely evening.

Some of us attended the Kick-off Luncheon for the Arthritis Walk. One of our own, **Mireya Kilmon** the Co-Chair spoke about her own experiences with Rheumatoid Arthritis, which was very moving. We as a club have made a donation of \$1000 and have a walk team. **Mireya Kilmon** is our Captain and if you haven't already registered please contact Mireya at Tessie13@aol.com and she will send you the link.

As always a group of us attended the annual **GFWC Florida Fall Board** convention. In attendance were **Pam Schaefer, Claire Frances Whitehurst, Barbara Lapsley, Mayra Dominguez, Sabrina Perez-King, Nancy Desmangles, Maryann Etkin, Patty Hendon** and myself. We also had a tag-along from the *Miami Springs Woman's Club* **Nanette Carmody**. Some of us carpooled to Orlando some on Thursday for the Day of Service at the Special Olympics Florida Headquarter and the rest on Friday for the weekend. Maryann and Nanette were both 1st time attendees. →

MARK YOUR CALENDARS

- Oct 1 - Fall Tour - Coconut Grove Woman's Club
- Oct 5 - General Meeting - Domestic Violence, Breast Cancer Awareness Programs
- Oct 15 - District Fundraiser - PATCHES
- Oct 19 - Fun Night - Home Life
- Oct 26 - Board Meeting
- Oct 29 - Southern Region Conference Tampa
- **Holiday Party at Clubhouse - Thursday, December 8**

1001 E. Ponce de Leon Blvd, Coral Gables, FL 33134

President Message Continued from page 1

Friday was a day of checking in, scheduling who would go to which workshop, etc. **Pam** our **District 11 Director** attended her meeting, Maryann and Nanette attended the 1st time attendee workshop and the rest of us had time to relax and unwind from the trip. In the evening we had our District Get-Together.

Saturday we were off to workshops learning about the different **Community Service Programs** (CRP) along with the other areas to help our club do the best we can. The theme for the weekend was “**Catch The Spirit of GFWC**” as Halloween is GFWC Florida’s President Teddy Hulse’s favorite holiday. Keeping with the theme the Banquet dinner was “**Brace Yourself for the Ex-FEAR-IENCE**”. We were all in costume, 4 Angry Birds, The Bride of Frankenstein, a Sexy Pirate, a Sexy Alice In Wonderland, a Sassy Witch, a Woodland Fairy and the Spirit of Halloween.

Sunday was another day of workshops. We learned many new and exciting things which we will be sharing with each chairman and all of you. It was a weekend of work, learning, and fun.

It has truly been a busy but rewarding month and I look forward to October and all it has to offer.

In Peace, Love and Unity *Linda*

Treasurer's Report



I would like to thank **Carmen Suarez** (our friend and member of our club), and **Rosario Fiallos** for their donation of **\$179.14** to the May Van Sickle Dental Clinic. The donation is from the 2nd quarter of the 2010 payout for the **United Way of Miami-Dade Campaign**.

Report for July 30, 2011

Amtrust Operating Account: \$55,597.05

Amtrust Gold Money Market: \$65,085.30



2nd Vice President

NEW MEMBER WINE & CHEESE



On September 21st, we had our New Member's Wine & Cheese. 16 active members, 2 Associate members, 2 new members and 3 guests attended an evening of fun.

We played a game to interact with all members and to get to know each other better. Our next meeting is October 5th and I hope "All Members" will start coming to meetings and learn about all the wonderful things we do on behalf of the Coral Gables Woman's Club.

I am also the chairman for our Annual Casino Night. This year's theme will be "High Rollers Go Hollywood". Now is the time to start putting your mailing list together to give to our Casino Night fundraising chairman, Pam Schaefer. The sooner we mail out these letters, the better it is for our Dental Clinic. Let's make this one the best one yet!!! More details to follow.



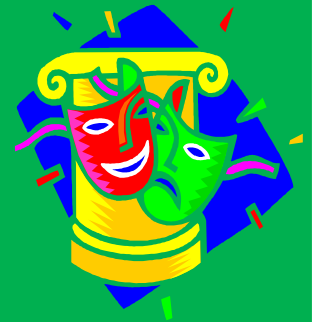
Arts

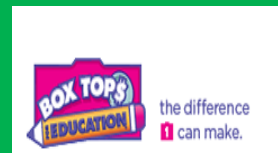
[Patty Hendon-patticake603@gmail.com](mailto:PattyHendon-patticake603@gmail.com)



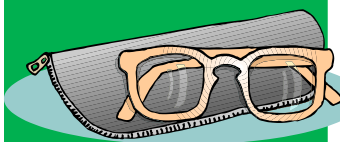
Ladies,

Fall is here! I love this time of year with the change of season upon us we have a lot of outdoor festivals coming to town! The Coral Gables Art Walk takes place the first Friday of each month. The Lincoln Road Art Walk takes place the first Saturday of each month and the Wynwood Arts District & Design District Art Walk is every second Saturday of the month! Miami-Dade's newest Cultural Art Center will have its Grand Opening October 1st @ 8pm & October 2nd @ 3pm. Art is all around us so let's support our community and get together and learn about the beauty of art! We just came back from Fall Convention with some exciting information on Art Projects that our club can be part of! The first one we have partnered with is the The American Mural Project! Keep bringing in your watches and a donation of a \$1.00 for every watch! The next project is the Butterfly Project and we will make all kinds of butterflies to send to Houston in honor of the Holocaust victims and survivors!





*Look for this logo!
Please bring in your
Box Tops for
Education at any
meeting for our
ongoing collection
to help local schools
turn them into cash!*



Conservation News

Maryann Etkin - maryann.etkin@gmail.com

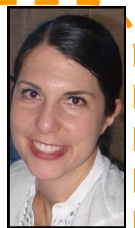


We just got back from the Fall Board meetings in Orlando. First, let me share with you that the state of Florida has taken the number one spot in Conservation for the nation!!! We should all feel proud and energized to continue all the great work we have done in the past. Our recycling project is right on target. At our next general meeting I would like to discuss at length

the Humane Project called KIND (to animals). I am asking you, the members, to join me in the Conservation committee. Many hands will help keep us one!!

Education

Lisa Merheb - lisamarie.cgwc@gmail.com



We are not into the month of October where reading should be in full gear. The month of October brings us **National Book Month**, so go out there and get your library cards and check out books and read, read, read.

A few dates to remember....October 5-World Teacher's Day and October 16-22-2011 Teen Read Week

Did you know that last year alone, our schools got 59 million dollars from Box Tops for Education! Imagine how that supports literacy programs in our schools. Let's support our local schools, and try to collect box tops! Let's see who can bring in the most box tops! Let's have fun, and clip and collect!!!

One Sight

Ana Lam - analam1@aol.com



Please keep bringing in your old eyeglasses. I will be bringing them to the clubhouse so that members can help prepare them for donation during meetings. We have over 5000 to process!!!

Home Life

Sabrina Perez-King - Sabrina@premiumcleaners.com



Hello Ladies,

After attending the Home Life Workshop at Fall Board this month, I'd like to see full participation from the club on our upcoming Health Fair. We're still working on dates and times, so please stay tuned for those details.

Since September is **National Ovarian Cancer** month, I strongly urge all of you to get and ask your doctor for a CA-125 blood test to confirm that your levels are as they should be. Ovarian Cancer has NO early detection method and therefore requires you to be proactive about your health and your care into your own hands. If caught early, 90% of patients go into full remission.

Also: There has been a MAJOR Birth Control recall. Check on ABC.com or the internet and let all your family and friends know.

International Outreach

This article was written by Mayra Dominguez for Mitzy Jenner

This last weekend we attended Fall Convention in Orlando. As usual it had many workshops for the different chairs and it gave me information on projects that we could get involved in and ideas for our Club. I had the opportunity to attend the International Outreach workshop on behalf of Mitzy who could not attend. The presenters had a speaker from Plan USA who discussed one of their main campaigns at the moment:

"Because I Am A Girl"

Below are some of the points made about the campaign:

Some Facts:

- One billion people live in extreme poverty – **70% are women and girls.**
- It's estimated **20 million girls never go to school.**
- 62 million girls of primary school age are not in school, but an extra year of primary school boosts girls' wages by 10-20%.
- There are an **estimated 60 million child brides worldwide.** some as young as 12 will be forced to marry over the next decade.
- 62% more young women are living with HIV and AIDS than men.
- **75% of 15 to 24 year-olds living with HIV in Africa are female,** up from



62% in 2001.

- Girls spend approximately 85% more time per day on unpaid care work than boys. This leaves them with little time to go to school and do their homework.

- **Pregnancy is a leading cause of death in young women aged 15-19.**

When a girl in the developing world receives 7 or more years of education, she marries 4 years later and has 2.2 fewer children.

Because I am a Girl raises money for projects that create a better life for girls, women and their communities in the developing world. These projects provide clean water, food security, healthcare, education and access to microfinance training and assistance.

Some of the Current Projects that are making a positive impact right now for girls, women and their communities around the world are:

Education

[Scholarships Assistance for Disadvantaged Girls in Primary and Secondary Schools Project](#)

Microfinance

[Microfinance Projects](#)

Protection

[Empowering Girls to Learn and Abandonment of Early Marriage Project](#)

[Protecting Human Rights Project](#)

Health

[Abandonment of Female Genital Mutilation/Cutting \(FGM/C\) and Enhancement of Reproduction Health in Guinea Forest Region Project](#)

Leadership Skills

[Girls Making Media Project](#)

To learn more about Plan USA visit Planusa.org



Public Relations

Linda Hartwell, Lisa Merheb, Maryann Etkin, Susie Tilson and Pam Schaefer attended the Woman's Alliance Luncheon in support of Safe Haven for Newborns. We were a table sponsor.



Public Issues

Mireya Kilmon - tessie13@aol.com



October is Domestic Violence awareness Month

Please dress in **PURPLE** for our October meeting to show support -

What is Domestic Violence?

It is a pattern of controlling behaviors – violence or threats of violence – that one person uses to establish power over an intimate partner in order to control that partner's actions and activities. Domestic violence is not a disagreement, a marital spat, or an anger management problem. Domestic violence is abusive, disrespectful, and hurtful behaviors that one intimate partner chooses to use against the other partner.

You may be experiencing domestic violence if your partner is doing any of these or other unwanted behaviors:

Hurting you physically – slapping, hair pulling, strangling, hitting, kicking, grabbing, excessively squeezing or shaking, twisting your arms, burning you, or intentionally injuring you in any way / Using your children against you / Calling you names and hurting you emotionally / Harming your pets / Acting with extreme jealousy and possessiveness / Isolating you from family and friends / Threatening to commit suicide or to kill you / Controlling your money / Withholding medical help / Stalking you / Demanding sex or unwanted sex practices / Hiding assistive devices / Minimizing the destructive behavior / Threatening to “out” you if you are lesbian, gay, bisexual, transsexual or transgendered / Controlling you with “that certain look in his eyes” or certain gestures / If you are a victim of abuse, you are never to blame.

It is not your fault!

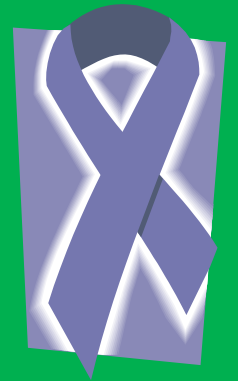
All of the tactics above are abusive, and some may also constitute a crime under Florida Statutes

For **HELP** - If you need immediate assistance, dial 911.

For resources, call the National Domestic Violence Hotline:
1-800-799-SAFE (7233).

Contact the National Coalition Against Domestic Violence (NCADV).

To find an organization near you, see the NCADV's State Coalition List.





Our Thoughts & Prayers

Are Always with You!

Club Members

Molly Adams

Cathy Blanton

Lou Popp

Claire Frances Whitehurst

District 11 Members

Janet Barone

Charlyne Carruth

Mary Wingett

Dottie Zammass



CORAL GABLES WOMAN'S CLUB

1001 E. Ponce de Leon Blvd.

Coral Gables, FL 33134